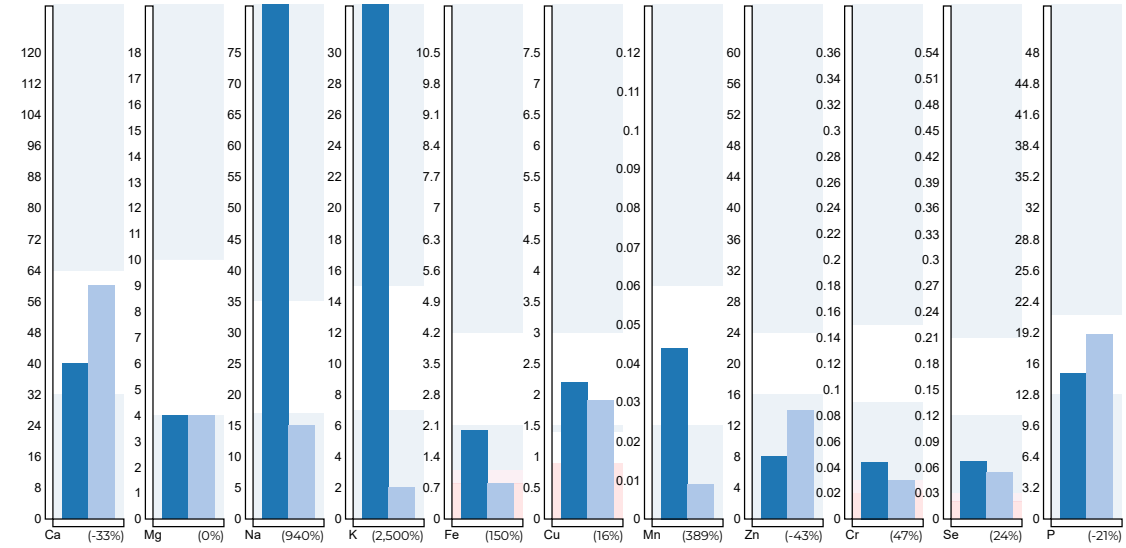
Name: [redacted] | **Sex:** Male | **Age:** 36

Practitioner: Mr. Will Houghton

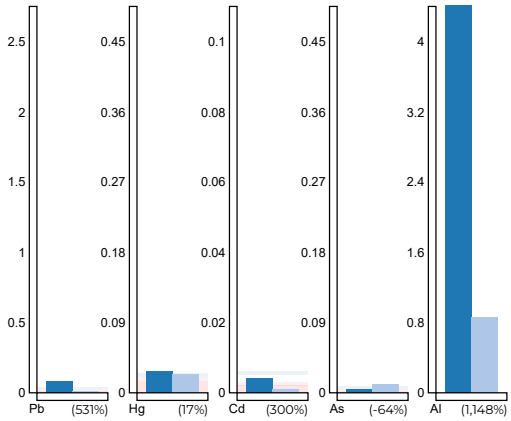
Legend: Current test Previous test | **Date:** October 25, 2024 |

Significant Minerals



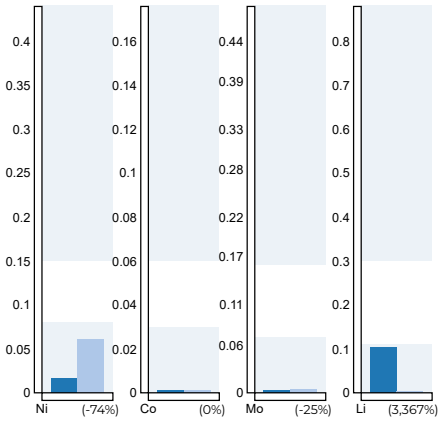
Calcium	Magnesium	Sodium	Potassium	Iron	Copper	Manganese	Zinc	Chromium	Selenium	Phosphorus
Curr: 40.0	**Curr: 4.0**	**Curr: 156.0**	**Curr: 52.0**	**Curr: 2.0**	**Curr: 2.2**	**Curr: 0.044**	**Curr: 8.0**	**Curr: 0.044**	**Curr: 0.067**	**Curr: 15.0**
Prev: 60.0	Prev: 4.0	Prev: 15.0	Prev: 2.0	Prev: 0.8	Prev: 1.9	Prev: 0.009	Prev: 14.0	Prev: 0.030	Prev: 0.054	Prev: 19.0

Toxic Metals



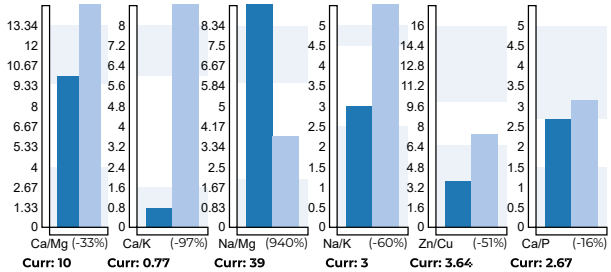
Lead	Mercury	Cadmium	Arsenic	Aluminum
Curr: 0.082	**Curr: 0.028**	**Curr: 0.004**	**Curr: 0.004**	**Curr: 10.73**
Prev: 0.013	Prev: 0.024	Prev: 0.001	Prev: 0.011	Prev: 0.86

Additional Minerals



Nickel	Cobalt	Molybdenum	Lithium
Curr: 0.016	**Curr: 0.001**	**Curr: 0.003**	**Curr: 0.104**
Prev: 0.061	Prev: 0.001	Prev: 0.004	Prev: 0.003

Significant Ratios



	Ca/Mg	Ca/K	Na/Mg	Na/K	Zn/Cu	Ca/P
Curr	**10**	**0.77**	**39**	**3**	**3.64**	**2.67**
Prev	15	30	3.75	7.5	7.37	3.16

	Ideal	Current	
Ca/Mg	6.67	10	Elevated
Ca/K	4.00	0.77	Low
Na/Mg	4.17	39	Elevated
Na/K	2.5	3	Within range
Zn/Cu	8.00	3.64	Low
Ca/P	2.5	2.67	Within range